

National Capital Ski Club – 'Quick Turns' – 13 January 2010

1. Tremblant Kick Off Weekend
2. Club Social – this Thursday - East Side Mario's – ST Laurent Blvd location
3. Military Appreciation Days – Camp Fortune, Mont Ste Marie, Calabogie Peaks & Mont Cascade
4. Hill Discounts – note – applies to Full Day only
5. Sport Ski Days – arrange for your colleagues at member prices
6. Big Rock – Win a trip for two to Calgary
7. Mont Sainte-Anne/Le Massif Ski Vacation – U-drive option
8. Tip of the week – What it should look like

1. Tremblant Kick Off Weekend

As those of you who were there can attest to - this year's Tremblant Weekend was a GREAT success!!! A total of 262 adults and 37 children participated. Conditions were great and lineups were not bad at all. Another Tremblant weekend is being planned later in the season. More info to come.

2. Club Social – this Thursday - East Side Mario's – ST Laurent Blvd location

Come meet your fellow club members, swap snow stories and enjoy half price appetizers at East Side Mario's (St Laurent location), this Thursday, 14 Jan 2010 from 16:00 - 20:00.

3. Military Appreciation Days – Camp Fortune, Mont Ste Marie, Calabogie Peaks & Mont Cascade

I am very happy to announce that several local hills want to show their support for our troops and their families by hosting Military Appreciation Days.

This means our serving **Canadian Force military personnel** will be invited to **ski or board for free** on the following days. Their immediate families will be welcome to join them for half price and equipment rentals at the hills will be half price to the Military personnel and their immediate families on these days (subject to availability). Military members will be requested to show their military picture/ID cards at the ticket counters.

Camp Fortune & Mont Ste Marie

- Every second Friday through out the season
- Starts this Friday, 15 Jan 2010
- Dates include:
 - 15 Jan & 29 Jan
 - 12 Feb & 26 Feb
 - 12 Mar & 26 Mar
 - 09 Apr & 23 Apr (snow permitting)
- Additionally Camp Fortune & Mont Ste Marie will be donating \$1.00 from every regular priced day lift ticket sold on these days to the Military Family Resource Centre in the NCR.

Calabogie Peaks

- Friday, 29 Jan 2010

Mont Cascade

- Monday 01 Feb 2010

Military personnel - Mark these dates on your calendars, put on a red suit (or combats) and come out and play on the snow!

4. Hill Discounts – note – applies to Full Day only

Please note – our hill discounts apply to full day lift ticket prices only (ie not half day or evenings). A complete summary of all our negotiated hill discounts are listed on our website: <http://www.ncskiclub.ca/tickets.html>

5. Sport Ski Days – arrange for your colleagues at member prices

Why not plan a sports ski day to Mont Tremblant for your Section, Directorate, Group, or Command and take advantage of our member price. Pick a Wednesday to correspond with one of our regular scheduled day trips and your whole group can participate at member prices: http://www.ncskiclub.ca/Day_Trips.html
For more info contact trips@ncskiclub.ca or pr@ncskiclub.ca

6. Big Rock – Win a trip for two to Calgary

Members can win a trip for two to Calgary compliments of Big Rock Brewery. Here's how to enter:

- Contestants must be valid 09-10 club members and be over the age of 18;
- Contestants are to submit Big Rock brewery "proof of purchase" receipts with their **name, club membership number and phone number** to the club office;
- "Proof of purchase" receipts will also be accepted by bus monitors on the Wednesday day trips;
- "Proof of purchase" receipts must contain the actual **Big Rock Brewery** beer name - "Grasshopper" or "Traditional Ale" or "Warthog beer" or "Pale ale" or "Light Lime" or Cider;
- Contestants can enter as many times as they like;
- All 'receipt ballots' must be received by 16:00 hrs 15 Apr 2010.

For more details and where to purchase Big Rock Brewery Products:

<http://www.ncskiclub.ca/events.html>

7. Mont Sainte-Anne/Le Massif Ski Vacation – U-drive option

While the bus is full for our Mont Sainte-Anne/Le Massif Ski Vacation, 07-12 Feb 2010, we are offering a U-drive option with all the same amenities of the advertized trip (other than the bus ride) for \$75 less per person.

See the details at <http://www.ncskiclub.ca/vacations.html> or contact 'Jack the trip man' at trips@ncskiclub.ca

8. Tip of the week – What it should look like

Stance, balance, controlled speed, turn shape – it all sounds so easy until you introduce the constantly changing terrain and conditions. Watch this video of Jean-François Beaulieu, Mont Sainte-Anne, Snow School Director to see what it should look like:

<http://www.youtube.com/watch?v=rzcaN17IbEc> (If link doesn't work – just 'youtube' JF Beaulieu)

Please do not reply to this email - Send your applications and forms, or general questions to: National Capital Ski Club, Bldg 467 Uplands, 200 De Niverville Pvt, Ottawa, ON, K1A 0K2 or by email to: office@ncskiclub.ca

To reach our Ski Club Executive members, see the links at:
<http://www.ncskiclub.ca/contact.html>

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